February 12, 2016

Dear Nursing Home Leader;

"Distracted and Overwhelmed" is our fourth poster in our 18 *free* Monthly Challenge posters sent to you from MoLANE. Each poster has a specific focus related to the unique needs of nursing home residents with dementia. This month's poster urges the use of physical and verbal clues when communicating with a resident who seems withdrawn or has a hard time following instructions. Please use this poster to stimulate discussion among direct care staff to help them learn more verbal and physical clues and to encourage their use.

While many homes have made great strides in appropriately reducing antipsychotic use, there is still much to do.

- Our state average usage is 17.4%,
- 246 homes exceed this average, and
- 23 homes have rates in excess of 50%.

If you are receiving this letter and poster, it is likely that your rates exceed this state average. Please take a moment to find your home on the attached list to compare your rates to other homes in your area. Higher scores are not better.

We hope the posters enhance your efforts to know each resident well enough to anticipate their needs, creating the best possible environment in your home for residents and staff. These person-directed care practices help reduce the inappropriate use of antipsychotics for people with dementia.

If you would like more copies of the poster, or if you have questions for a Quality Improvement Consultant, please contact Susan Silvey at ssilvey@primaris.org or call 573-817-8300 ext 100. Find more dementia care resources and person directed tips at www.nhqualitycampaign.org, www.nhqualitycampaign.org, www.nhqualitycampaign.org, www.nhqualitycampaign.org, www.nhqualitycampaign.org, www.nhqualitycampaign.org, www.nhqualitycampaign.org,

Thank you for your hard work and concern for the people in your care. Please watch for the Monthly Challenge Poster #5, "Who are You?".

Your friends at MoLANE

Department of Health and Senior Services, Primaris, QIPMO, State LTC Ombudsman, MC5, Missouri Association of Nursing Home Administrators, Missouri Health Care Association, LeadingAge Missouri, Missouri League for Nursing, The Center for Patient Safety, MALTCP, Board of Nursing Home Administrators